CPR (cardio pulmonary resuscitation) for babies and children
A summary by Janko von Ribbeck

2 breaths
Where: Baby: mouth & nose, infant: mouth (or nose)
How: Slightly lift the chin
alternating, same for adults

30 compressions
Where: Simply in the middle of the breastcage
How: Hard: harder than you think, don´t worry
Fast: quicker than you think

When: Lifeless, the child isn´t breathing - listen with your ear
      don´t search for the pulse

112: After 1 minute of CPR call 112 or 911
      Adults: call 112 immediately

Please note
You can´t do much wrong!
Press with 2 fingers or the palm of your hand: 100-120x per minute
Start with 5 initial breath (Supplies oxygen. Intense stimulation)
Drowning: standard CPR, don´t remove water
Adults: same ratio: „2:30“

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