

# FIRST AID FOR BABYSITTERS ONLINE COURSE

<https://www.erste-hilfe-fuer-kinder.de/online-kurs/first-aid-online-course.html>

## 1. CPR

CPR for Babies is explained and shown on a baby. Also covers: drowning and CPR for adults.

The technique refers to the latest European CPR guidelines.

*Includes free poster (downloadable)*



## 2. Choking

Emergency No 1: Help! My child is choking. How children choke and what to do. With tips for prevention.

*Includes free poster (downloadable)*



## 3. Poisoning

There are countless ways how kids poison themselves.

You learn what's dangerous and what to do in an emergency.

*Includes free poster (downloadable)*



## 4. Wounds

If wounds are treated professionally from the beginning on you have less trouble later.



## 5. Fever seizure

A fever seizure can be a nightmare to parents and caretakers. One of the common child emergencies that everyone has to be prepared for.



## 6. Croup attack

Kids have difficulties to breathe at midnight and you think they might choke. Good if you know what to do. Listen to the original croup sound.



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## 7. Bees and Wasp

Learn more about what to do. Home remedies and allergies. Tips for prevention.



## 8. Injuries

Learn about injuries that are typical for children. From broken arms, dislocated elbows to tooth accidents. Things that are rarely covered in normal first aid courses.



## 9. Head injuries

Bumps, lacerations and concussions. Everyone needs to know how to handle these common emergencies - what are important symptoms and when to go to hospital.



## 10. Nosebleeds and other bleedings

Learn how to stop bleeding. With the right equipment you can easily make a pressure bandage.



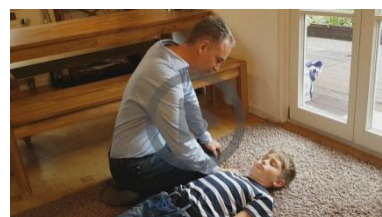
## 11. Burns & Scalds

The skin of an infant is five times thinner and the damage is more severe than for adults. Prevention is as important as the first steps after it happens.



## 12. Unconsciousness

Unconsciousness in children is very different to adults. Learn the rescue position for children.



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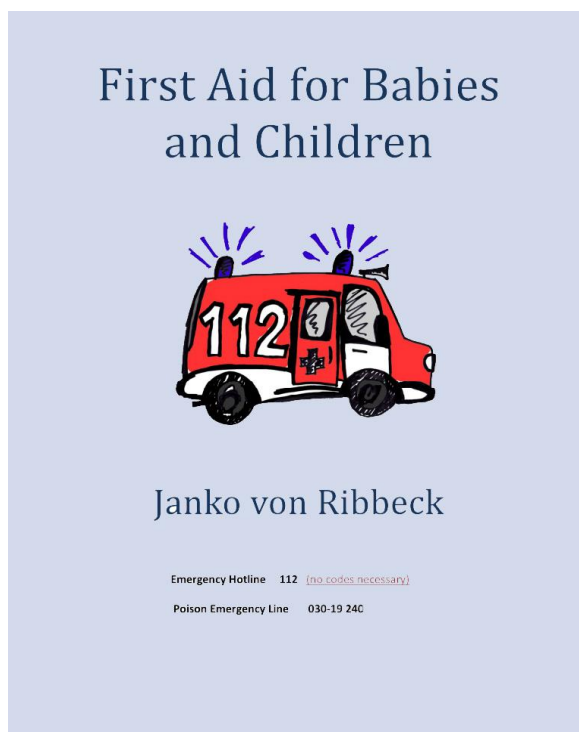
## 13. Prevention

Prevent accidents and emergencies. Learn more about drowning, poisoning, scalds, electricity, choking and SIDS

It's a high responsibility to take care of small children and not everyone has an overview of the typical dangers.



## Download



## First Aid Booklet

Covers 20 typical First Aid emergencies.  
Suggestion for your personal First Aid Kit